

## Education/Personal Development

### **Cuan Mhuire, Ballycarron**

Week 12 of the programme is facilitated in an idyllic setting at Cuan Mhuire, Ballycarron. Here residents participate in Group Therapy, Individual Counselling and Nature Study. This centre is also used for in-service training for Cuan Mhuire Staff.



*Ballycarron*

**Enquiries: Tel: 062 72115**

### **Galilee House of Studies, Athy**

A two Year Diploma Course in Counselling is provided at Galilee House. The course provides systematic training in counselling theory and practice at a level that prepares participants to counsel in a variety of settings and to use various Counselling approaches.

**Enquiries: Sr. M. Agnes Tel: 063 90555**

## Finance

In Cuan Mhuire we have always relied heavily on voluntary contributions to enable us to reach out to those who need our services.

Today, your support is more important than ever if we are to continue our work into the future.

## Care Team

Nursing staff are on duty 24 hours a day. A doctor is on call at all times. Cuan Mhuire Counsellors are IAAAC accredited.

## Accreditation

Cuan Mhuire has CHKS accreditation and ISO 9001:2008 Certification.

## Why We Are Special

- We provide a 24 hour service.
- We have a unique and highly successful 12 week treatment programme and the willingness and ability to vary the length of stay to meet residents' needs.
- All Faiths and cultures are welcome and valued.
- We provide training in life-skills and personal development.
- At any given time, Cuan Mhuire caters for approximately 600 residents, with planning in place for new premises to cater for a further 48 persons.
- Approximately 3,000 persons are admitted for residential treatment to the various Cuan Mhuire centres each year.
- Cuan Mhuire, Farnanes is the first 'female only' treatment centre in Ireland.



For further details please see our website

**[www.cuanmhuire.ie](http://www.cuanmhuire.ie)**

or contact the Person In Charge of any Cuan Mhuire Centre

*A Light in the Darkness*

*A Beacon of Hope*

***Cuan Mhuire***

*Provides Residential Detoxification and Treatment for alcohol, drug and other addictions.*



*Founded by*

*Sr. Consilio Fitzgerald*

*In 1966*

## Cuan Mhuire

Cuan Mhuire is Ireland's largest multi-site provider of Residential Detoxification & Treatment for those suffering from addictions.

Cuan Mhuire is inspired by the belief that each human being is of eternal value, is made to the image and likeness of God and that there are no hopeless cases.

The way of life in Cuan Mhuire is founded on unconditional love, which is passed on by the core members and staff to all residents.

## Treatment

It takes place in a loving, caring, family atmosphere and includes the following:

- Detoxification (Each centre has a detoxification unit)
- Group Therapy
- Individual Counselling
- Meditation & Relaxation Therapy
- Alternative Therapies
- Videos/Films/Lectures
- Therapeutic Duties
- Attendance at A.A., N.A., and G.A. meetings
- Family Days

The programme is based on the philosophy of total abstinence. It strives to restore the confidence, self-respect and sense of responsibility of the participants



## Treatment Centres

### Cuan Mhuire, Athy

1km from Athy Town  
Tel: 059 8631493  
Email: athy@cuanmhuire.ie



*Cuan Mhuire, Athy*

### Cuan Mhuire, Bruree

30kms from Limerick City  
and 10kms from Charleville  
Tel: 063 90555  
Email: bruree@cuanmhuire.ie



*Cuan Mhuire, Bruree*

### Cuan Mhuire, Coolarne

23kms from Galway City  
and 9kms from Athenry.  
Tel: 091 797102  
Email: coolarne@cuanmhuire.ie



*Cuan Mhuire, Coolarne*

### Cuan Mhuire, Farnanes

11km from Cork City  
Tel: 021 7335994  
Email: farnanes@cuanmhuire.ie



*Cuan Mhuire, Farnanes*

### Cuan Mhuire, Newry

1km from Newry Town and  
19kms from Dundalk.  
Tel: 048 30269121  
Email: newry@cuanmhuire.ie



*Cuan Mhuire, Newry*

## Family

A sense of belonging and inclusiveness is central to Cuan Mhuire. We recognise the special importance of the Family. Consequently, every effort is made to support the families of those undertaking the programme. Where possible and appropriate the participation of family in the healing, recovery and rehabilitation of the person on the programme is encouraged and facilitated.

## Aftercare

Aftercare is held for those in recovery and for their families. It is held weekly at various centres throughout the country. Family Days are held in all Cuan Mhuire Treatment Centres. Aftercare is provided for a minimum of two years.

## Additional Aftercare Venues

- South Parish Community Centre, Cork
- Teach Mhuire, 38/39 Lower Gardiner St, Dublin 1
- No. 4, St. Augustine Street, Galway
- Oznam House, Day Place, Tralee, Co. Kerry
- Social Services, Henry St, Limerick
- Cuan Mhuire, Ballybay, Co. Monaghan
- Cuan Mhuire, Ballycarron, Co. Tipperary

## Residential Transition Houses

Many of those participating in our detoxification and treatment programme would have been homeless at the time of admission. To meet their needs, Cuan Mhuire has established Residential Transition Houses at:

- Teach Mhuire, 38/39 Lower Gardiner St, Dublin 1  
Tel: 01 8788877
- Teach Mhuire, 21 St. Helen's St, Galway  
Tel: 091 587312
- Teach Mhuire, Roxboro Road, Limerick  
Tel: 061 409157
- Cuan Mhuire, Ballybay, Co. Monaghan  
Tel: 042 9748533
- Sancta Maria, North Circular Road, Limerick  
Tel: 061 458420



*Teach Mhuire, Gardiner St.*



*Ballybay*

Residents stay in these houses until they feel ready for independent living and have secured their own accommodation.